



Seasons for Growth Program

Learning to live with change and loss



Dear Parents

Change and loss are issues that affect all of us at some stage in our lives.

At Wandin Yallock PS we recognise that when changes occur in families through death, separation, divorce or related circumstances, children can benefit from learning how to manage these changes effectively. We are therefore offering a very successful education program called Seasons for Growth.

This program is facilitated in small groups and focuses on issues such as self esteem, managing feelings, problem-solving, decision-making, effective communication and support networks. It runs for eight weeks in learning age levels and each weekly session is 40-50 minutes. The program concludes with a 'Celebration' session and each group will have the opportunity to meet for two further sessions to reinforce their earlier learning. There is a cost of about \$15 for a journal the child will keep.

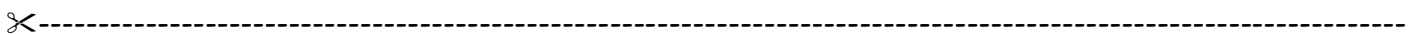
Seasons for Growth will commence in the week beginning 25th May and will be facilitated by Vonnie Sharpe, who has received specific training in the use of this program. If you think your child would benefit from Seasons for Growth we encourage you to talk to them about this. If you want your child to participate please fill in the tear-off section below and return to the school by end of Tuesday 19th May.

An information session for parents and carers who would like their children to participate will be held on: Monday 18th May, after Assembly, in the multi-purpose room.

Wandin Yallock PS is pleased to be able to offer this program and we are confident that it will be a valuable learning experience for those who request to be involved.

Any further questions please contact Vonnie via the school office.

Vonnie
School Chaplain



PLEASE RETURN THIS SECTION TO THE SCHOOL

Seasons for Growth

- I give consent for my son/daughter to attend the Seasons for Growth Program.
- I have discussed this with him/her.
- I am able/unable to attend the parent information session on Monday 18th May

Child's Name: _____ Grade: _____

Signed: _____
Parent/Guardian Signature

Signed: _____
Child's Signature

