Dear Parents,

We would like to get an idea of what parents (and children) think about the food offered for sale through the canteen at recess, through lunch orders and also at the Coffee Shop.

Everything sold at the school canteen (recess and Lunch orders) is based on the Canteen Healthy Eating Guide, where foods are classified according to their nutritional value. Foods are placed in GREEN, AMBER and RED categories.

**GREEN (Always food)** These foods and drinks:
are the best choices for a healthy school canteen so should be available every day and be the main choices on the canteen menu. They contain a wide range of nutrients are generally low in saturated fat and/or sugar and/or sodium (salt).

**AMBER (Sometimes Food)** These foods and drinks:
contain some valuable nutrients, contain moderate amounts of saturated fat and/or sugar and/or sodium (salt). If eaten in large amounts, may increase the amount of energy (kilojoules) being consumed.

**RED (Not recommended)** These foods and drinks:
may contain excess energy (kilojoules) and/or saturated fat and/or sodium (salt) and/or sugar and are low in nutritional value and are not on the canteen menu.

Coffee Shop is run under the banner of “Fundraising” so does not necessarily follow these guidelines. Also as Coffee Shop is generally an “after school” activity, parents have the responsibility of choosing what their child eats.

Please answer the following questions regarding both Canteen and Coffee Shop and return to the school by Tuesday 19th May.

Thank you for your time.

Kind regards

Trevor Vass

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**Canteen Recess Sales**

How often does your child/ren have money to buy food at recess? Please circle

- Weekly/fortnightly/monthly/once a term/never

What do you and your child/ren like about Recess Sales? eg foods on offer, experience of ‘shopping’

What do you and your child/ren not like about Recess Sales? eg foods on offer, Cost

What other foods would you or your child/ren like to see on sale at Recess?
Canteen Lunch Orders (excluding the service provided by Mr K’s on Fridays)

How often does your child/ren have a lunch order? Please circle

Weekly/fortnightly/monthly/once a term/never

What do you and your child/ren like about Lunch Orders? eg foods on offer, convenience

What do you and your child/ren not like about Lunch Orders? eg foods on offer, cost

Do you prefer having the option of a range of menu items each week or did you prefer the previous system of “Meal Deals” (1 dish offered each week which changed week to week and included a drink).

What other foods would you or your child/ren like to see offered for the Lunch menu?

Coffee Shop

How often do you and your child/ren attend coffee shop on a Thursday afternoon? Please circle

Weekly/fortnightly/monthly/once a term/never

If you do attend Coffee Shop - why? eg friendships, community event etc

If you have never attended Coffee Shop - why? eg can’t make Thursday, cost, not really interested etc.

Do you like the fact grade 5/6 children are involved in cooking and preparing for coffee shop?

What foods/drinks would you like to see offered at Coffee Shop?

Any other comments?

Name: ____________________