### GRADE 5/6 FAMILY LIFE PROGRAM

Dear Grade 5/6 Parents.

In term 4, as part of the grade 5/6 Victorian health curriculum, students will be participating in a "Sexuality Education Program" run by 'Family Life Victoria'. Details of the program are outlined below. The cost for this program is \$25 per student for 3 sessions. They will be facilitated by a professional and experienced educator through 'Family Life Victoria'. All discussions are ageappropriate.

Please consider attending the parent information session to gain further information and ask questions about what will be covered. The parent session is free of charge. Please return form by Wednesday  $14^{th}$  September. If you have any questions please contact Michelle on Mondays or Thursdays or see the Grade 5/6 teachers.

Kind regards, Michelle Watson School Chaplain

#### STUDENT SESSIONS

Monday October 10, Monday October 17, Monday October 24

All sessions 2.30-3.30PM



The program has been designed to help schools implement particular aspects of the health curriculum including the physical, social and emotional changes at puberty.

The approach used is simple, straight-forward and sensitive. The content of the sessions is age-specific and interactive, using a variety of audio-visual materials, discussion and games.

The program respects and supports the role of

the family in sexuality education.

#### YEAR 5-6 PROGRAM

#### Look I'm Changing

This session focuses on providing information about the physical changes of puberty for boys and girls. Periods and sperm production are discussed.



#### I'm in Charge

This session will give students an opportunity to discuss some of the common emotional changes that young people may experience at puberty. Discussion of mood swings and their effects will also take place.

#### ■ What's It All About

The process of conception, foetal development & birth are covered in the context of family relationships.

#### PARENT INFORMATION SESSION



This one hour session is designed to give adults an opportunity to have a better understanding of some of the issues for schools in sexuality education, and find out more information about the class program their children will be participating in.

# Wednesday 5th October at 7.00pm - 8.00pm

- What is sexuality education and why it is important?
- What do young people need to know? What about values?
- What are the benefits of sexuality education?
- Content of the program and examples of strategies and resources that are used.
- Discussion of some common concerns about sexuality education.



## GRADE 5/6 FAMILY LIFE PROGRAM

Monday October 10, Monday October 17, Monday October 24 2016 All sessions 2.30-3.30PM

	incipai in Yallo	ck Primary Schoo	ol				
	permiss am at W ctober.		imary School	on Monday 10 <sup>th</sup>	Grade October, Mc	to attend the Family Life onday 17 <sup>th</sup> October and Monday	
or oth treatm teache	erwise nent as er-in-ch	impracticable to may be deemed	contact me, t necessary by e reasonably r	o consent to my a medical pract necessary and I a	child receivi itioner or adr	er in charge, when it is not possible ing any medical or surgical minister such first-aid as the nsibility for the payment of any	
Parent	/Guardi	an's Name:			Contact No.:	:	
Parent/Guardian's Signature:							
All staf	f at Wand	din Yallock Primary Sci consent form. The Dep	hool and the Depo	artment of Education	& Training are re	y members that provide care for your child. equired by law to protect the information form to be signed for all students attendin	
<u>Paren</u>	ts:						
I will b	e atter	ding the Parent i	nformation S	ession on Wedn	esday 5 <sup>th</sup> Oct	tober at 7pm.	
	Numb	er of people atte	nding the inf	ormation Sessio	n $\square$		
	Please Please I enclo Septe I enclo	e take payment of take payment of take payment of \$ mber.  ose \$25.  Payment by cher payment by case Deposit: Account BSB: 633 000	rall siblings in the f \$25 from m f \$25 from m eque – (made sh or EFTPOS t Name – WA Account: 117	y account which y Camps, Sports _ and will pay th  payable to 'War at office  NDIN YALLOCK 554 592	is in credit.  Excursion Funce of the balance of the balance of the price of the pr	or each child must be included).  unding (Approved recipients only).  \$ by Wednesday 14 <sup>th</sup> Primary School')  HOOL  for when entering your details.	
	\$25 P	ayment by Credit	Card – (Mast	erCard/Visa)			
Credit	Card N	o:	<del></del>				
Expiry	Date:	/					
Amou	nt:		Name as appe	ears on Credit Ca	nrd:		
Cardh	olders S	Signature:					